Dear Friends of Kairos,

Fall represents so much to so many people. The change in seasons, the upcoming holidays, the cooling off from a hot and smoky summer. For me, it represents the conclusion of my first year as Executive Director of Kairos. What a privilege it has been and continues to be to work with such a passionate and talented team on providing exceptional services to the youth, young adults, and families we serve. With your help, we have accomplished so much over this past year.

On August 22, Kairos’s Coastline Services team moved into their new services building. North Bend School District had graciously allowed Kairos Coastline Services team to use office space for over ten years. Although the team will miss being close to the North Bend School District staff, the new building provides a central hub for Kairos staff to provide much-needed services in Coos County. This would not be possible without the variety of funders who supported this project.

We would like to take this opportunity to thank our Board of Directors for their time, service, and commitment to our agency.

Artwork by Kairos youth & young adults | Design by Michaels & Michaels Creative

Craig Norton, MA, Executive Director
We collaborate with young people, families, and communities to provide intensive mental health services and supports, promote mental wellness, and instill hope.

Thank You for Supporting Our Community!

We are proud of the work Kairos does in the communities we serve. Your help makes it possible for us to continue that work. Approximately one in five children and young adults suffer from a mental or behavioral disorder at some point, and only about a third receive treatment. The increasing stresses in our society make it difficult for young people to achieve or sustain optimum mental health.

We continually strive to improve our ability to meet the needs of the most vulnerable youth, young adults, and their families. Your support is as critical as ever. The generosity of our donors and supporters helps us provide desperately needed services and supports in the communities we serve.

Using the form below, please help us promote mental health awareness and provide critical services that empower youth and young adults to build on their strengths as they overcome challenges, find solutions, and develop hope for their future. On behalf of all those who will benefit from your commitment, we thank you for your consideration.

Please mail this form and your check to:

Kairos Development Department
1750 Nebraska Avenue
Grants Pass, OR 97527

You can also make a donation online at kairosnw.org/donate.

#TeamKairosChallenge

This past August, Kairos launched the #TeamKairosChallenge. This campaign challenged Kairos staff and Board members to each raise $100 for the agency. The idea emanated from the 2017 All-Staff Meeting during which staff asked to be involved in raising funds for the agency.

The #TeamKairosChallenge ended on September 21, raising $5,849! We would like to thank everyone who contributed to the #TeamKairosChallenge. We truly appreciate the support.

New Beginnings Therapeutic & Safety Enhancement Project

Kairos New Beginnings received grant funds from KeyBank Foundation and the Robert & Frances Chaney Family Foundation to purchase safe and youth-friendly furniture. The funds were used to buy ten chairs and six rocking chairs designed for acute care settings. Since their arrival in September, the furniture has significantly improved the youths’ living environment while giving them access to safe tools for self-soothing.

Over the last three years, New Beginnings made several changes to enhance safety and promote trauma-informed care in the program. A building remodel in 2016 included the expansion of several wings to improve line of sight for staff and create larger common areas to accommodate groups and activities. After the remodel, these wings remained noticeably bare and lacking in furnishings. The funds from KeyBank Foundation and the Robert & Frances Chaney Family Foundation gave New Beginnings the ability to provide youth with adequate seating without sacrificing safety. All of the furniture is constructed of durable material and contains portals that can be filled with sand to weigh it down. The variety of colors brightens the unit while encouraging group engagement.

With their fun colors and space-aged appearance, the rocking chairs have been the most popular addition to the program. Rocking chairs can actually promote healing in the brains of traumatized youth as the rhythmic motion helps form critical neurological connections that have been disrupted by abuse and neglect. The basic, repetitive motion of rocking increases the brain’s capacity to focus, control impulses, regulate emotions, and process sensory information. In the words of one New Beginnings youth, “They’re basically just really fun to sit in.”

Thanks to the generosity of KeyBank Foundation and the Robert & Frances Chaney Family Foundation, New Beginnings youth can feel more comfortable and safe while receiving treatment.

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