

From the Chief Executive Officer, Bob Lieberman

The recent horror at Umpqua Community College, followed by a bomb threat the following day at Rogue Community College, brought a major national concern very close to home. We were called immediately to see if we could be at the ready to provide support in Douglas County, given our experience in working with young adults. We were not alone; Options for Southern Oregon, Jackson County Mental Health, Coos Health and Wellness, and community mental health programs all over the state offered to send people to help the students in the wake of the trauma.

Kairos did play a small, quiet role in supporting the Roseburg community. Youth M.O.V.E. Oregon (YMO) immediately deployed Peer Support Specialists to the campus. On the day after the event, in response to a request from YMO, we sent Peer Support staff to the Medford Drop so that it could remain open while their staff went to Roseburg. YMO set up a temporary drop-in center in conjunction with the Red Cross on the UCC campus. Our Peer Support staff helped the Drop support young adults in Medford.

The event highlighted in a tragic way the importance of the work we do. In the schools we help youth develop the skills to cope with the stresses of their lives so that they don't make big mistakes. Our community programs help youth develop the skills to function in their home and community settings to help avoid institutional placements. Our residential programs are interventions designed to help young people develop the skills to make life decisions that will enable them to regulate themselves and manage the stresses of their lives.

Our data, as well as the anecdotal feedback we get from former clients and family members, tell us we are making a difference in people's lives. Parents in one of our programs recently told state regulators who were reviewing the community mental health program that Kairos is saving their children's lives. We know that our intervention represents an important moment in the life of a young person and family — an opportunity to better adapt to their past circumstances and those ahead of them. We all together make this happen. So even as we mourn a tragic loss so near to us we can all hopefully take some solace in what we are doing to try to prevent that from happening again.

Children's Mental Health Campus

We want to thank everyone once again who contributed towards the Children's Mental Health Campus.

The Community Services Building which houses the Treatment Foster Care, School Community Team, Independent Living Program, and administrative staff has been open for almost two years. Since opening and with the generous support of our community we have been able to serve:

- 35 children in Treatment Foster Care.
- 367 individual students.
- 43 youth in the Independent Living Program.



Community Services Building



New Beginnings

New Beginnings, the psychiatric residential facility which includes an education center and family cottage, has been open just over a year and is doing great work as well. With your support we have:

- 50 youth received educational support at the education center.
- Hosted 15 families in the family cottage for a total of 74 nights.

Kairos has been making a difference in the lives of youth and young adults with mental and behavioral disorders and their families for over thirty eight years. We help them learn skills and find solutions to build a better future for themselves and the community. Your contribution helps us continue this important work. Please feel free to arrange a tour and perhaps meet some of the youth we serve. *Together, we can build a stronger community and bring hope and promise to the youth and families who need our help the most.*

Please mail this form and your check to: Kairos Development Department 715 SW Ramsey Avenue Grants Pass, OR 97527

Or you can make a donation on our website via PayPal at: http://kairosnw.org/donate

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Rogue Winterfest Debuts Evergreen Federal Bank's Bear Hotel

Rogue Winterfest is a community event and fundraiser for three mental health agencies in Josephine County: Options for Southern Oregon, Kairos, and Family Solutions. This year, 125 passionate volunteers, creative designers, musicians, and exceptional artists are working diligently to create a spectacular one-of-a kind festival. Top entertainment, superb culinary artisans, and award-winning wineries will offer tantalizing samples of their artistry throughout the events. More than 30 holiday trees and heirloom art pieces will be on display.

Schedule

- Monday, December 3rd
 Gala & Grand Auction
- Friday, December 4th *Golden Social*
- Saturday & Sunday, December 5th & 6th Weekend Holiday Events
- Monday, December 7th
 Culinary Christmas Classic & Silent Auction

For descriptions, times, and admission prices for each event, visit <u>roquewinterfest.orq</u>.



Rogue Winterfest is fortunate to have Evergreen Federal Bank as their Venue Sponsor. Evergreen Federal Bank donates the use of The Bear Hotel for the five-day Festival. This year the Hotel will be transformed into *The Southern Oregon Adventure* which includes a redwood forest, robust vineyards, covered bridges, lifelike waterfalls, deep caves, panoramic coastal views, and, of course, Crater Lake. It is a true Southern Oregon Adventure!



Kairos 715 SW Ramsey Avenue Grants Pass, OR 97527

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